



facials 

**ESSENTIALS FACIAL**  
soothes | intensely hydrates | protects

Rich in plant collagen and Hawaiian sea algae, the Essentials treatment is rejuvenating, deeply hydrating and protects from free radicals and UV damage. This express treatment includes a hydrating activator to soothe, repair, hydrate and harmonise.

30 Minutes | £30.00

**ANTI-AGEING FACIAL**  
firms | smooths

With exclusive peptides and high-performance plant extracts, this Anti-ageing treatment is developed for skin that requires firming. Advanced formulations and relaxing targeted massage techniques ease the appearance of fine lines, leaving skin looking and feeling radiantly invigorated.

60 Minutes | £60.00

hands & feet 

Spa Manicure*	45 Minutes   £33.00
Spa Pedicure*	60 Minutes   £46.00
Geleration Manicure	45 Minutes   £37.00
Geleration Pedicure	60 Minutes   £50.00
Geleration Removal & Tidy	30 Minutes   £22.00

\* includes mini polish

tint & shape 

Brow Shape	£13.00
Brow Tint	£13.00
Brow Shape & Tint	£18.00
Lash Tint	£18.50
Lash & Brow Tint	£24.00
Lash & Brow Tint & Shape	£27.00

BODY 

**AROMA MASSAGE**  
Using prescriptive blends of essential oils to relax, revive or restore

Full Body	55 Minutes	£60.00
Back, Neck & Shoulders	25 Minutes	£36.00
Foot & Calf	25 Minutes	£36.00

**DEEP TISSUE MASSAGE**  
A technique using increased pressure with notable finger manipulation to release tension and tightness in the muscles

Full Body	55 Minutes	£65.00
Back, Neck & Shoulders	25 Minutes	£38.00

**HOT STONE MASSAGE**  
Using smooth heated basalt stones with massage to increase blood flow, reduce stress, promote relaxation and ease muscle tension

Full Body	60 Minutes	£65.00
Back	25 Minutes	£38.00

**PREGNANCY MASSAGE**  
Specially adapted gentle and soothing massage for the mother-to-be 55 Minutes £65.00

INDIAN HEAD MASSAGE 25 Minutes £38.00

**THAI FOOT MASSAGE**  
A relaxing and energising foot and calf massage delivering light acupressure 55 Minutes £65.00

**BODY EXFOLIATION**  
A gentle full body polish to reveal soft and supple skin using Himalayan salt and coconut oil  
40 Minutes £45.00

waxing 

Lip or Chin	£13.00	Full leg	£32.50
Lip & Chin	£15.50	Brazilian	£33.00
Full face	£21.00	Hollywood	£37.00
Bikini Wax from	£15.00	Back	£21.50
Underarm	£15.00	Chest	£21.50
Half leg	£21.50	Back & Chest	£32.00

# HYDRA - spa



Our stunning hydra-spa, with a mosaic tiled hydrotherapy pool, steam room and traditional sauna, is a tranquil space that you can enjoy exclusively, to relax the mind and promote well-being.

The warm temperature and buoyancy of the water relaxes the muscles, with air and water jets to soothe and massage the body as well as a steel water cannon to ease tension in the neck and shoulders

The steam room and traditional sauna are both excellent for eliminating toxins from the body.

There are poolside loungers to relax and we provide lockers, robe, slippers and towel.

90 minute session  
1-2 People: £55.00  
3-4 people: £85.00  
5-6 people: £120.00

## packages



Begin each of our treatment packages with an hour's exclusive use of the stunning hydra-spa, an excellent precursor to treatment.

### BODY

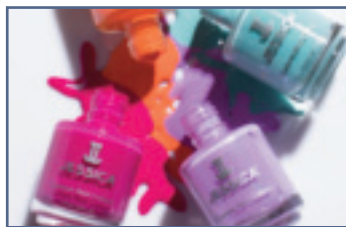
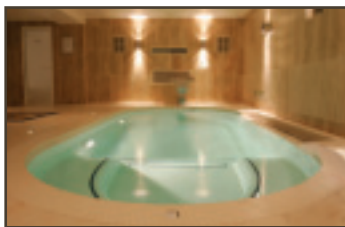
Hydra-Spa, Aroma Full Body Massage, Spa Manicure 2 hours 40 minutes £128.00

### MIND

Hydra-Spa, Thai Foot Massage, Essential Facial 2 hours 25 minutes £130.00

### SOUL

Hydra-Spa, Back, Neck & Shoulder Massage, Pedicure 2 hours 25 minutes £119.00



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#### Opening Hours

Hydra-Spa | Tuesday - Sunday 10.00am - 10.00pm

Treatments | Tuesday - Saturday

Please arrive for appointments via Royal York & Faulkner Hotel reception

#### Cancellation Policy

Please give 24 hours-notice if you wish to cancel.  
50% deposit is required and will be non-refundable if the appointment is cancelled with less than 24 hours notice.

#### Tinting

A patch test is required 24 hours before tinting

#### Hydra-Spa

No children under the age of 12 are permitted,  
children aged 12-15 must be accompanied by a parent or guardian.