

Body & Massage

Swedish/Aromatherapy Massage

Full Body.....	60 minutes	£50.00
Back, Neck & Shoulders.....	30 minutes	£30.00
Foot & Calf.....	30 minutes	£30.00

Hot Stone/Lava Shell Massage

Deeply relaxing treatment using smooth heated stones with traditional massage

Full Body.....	75 minutes	£60.00
Back.....	30 minutes	£38.00

Indian Head Massage

This holistic treatment of the head, neck & shoulders aims to calm the spirit & promotes a deep sense of relaxation..... 30 minutes **£32.00**

Hopi Candles

The candle acts like a chimney in the ear, drawing out impurities. Promotes lymphatic circulation, alleviate allergic conditions & relieve chronic ear pain. 30 minutes..... **£30.00**

Hands & Feet

Spa Manicure.....	45 minutes	£25.00
GEleration Manicure.....	60 minutes	£35.00
Spa Pedicure.....	60 minutes	£32.00
GEleration Pedicure.....	75 minutes	£42.00
File & Polish.....	30 minutes	£20.00
File & GEleration Polish.....	45 minutes	£25.00
GEleration Removal.....	30 minutes	£10.00

Essentials

Shaping & Tinting

Brow Shape.....	£10.00
Brow Tint.....	£10.00
Brow Shape & Tint.....	£15.00
Lash Tint.....	£15.00
Lash & Brow Tint.....	£20.00
Lash & Brow Tint & Shape.....	£27.00

Patch test required 24 hours before tinting

Waxing

Lip or Chin.....	£10.00
Lip & Chin.....	£13.00
Underarm.....	£12.50
Half Leg.....	£18.00
Full Leg.....	£27.00
Bikini.....	£12.50

Electrolysis

Permanent removal of unwanted hair.....	10 minutes	£14.00
	15 minutes	£16.00
	20 minutes	£20.00

Packages

Peace 4 hours **£105**

Hydra Spa, Hot Stone Back Massage, Aromatic Facial and Spa Manicure.

Harmony 4 hours 30 mins **£120**

Hydra Spa, Aromatic Body Polish, Full body Hot Stone Massage and Spa Pedicure.

Serenity 3 hours 30 mins **£110**

Hydra Spa, Aromatic Body Softening, Aromatic Facial

Cancellation Policy

Please give 24 hours notice if you wish to cancel. 50% deposit is required and will be non-refundable if the appointment is cancelled in less than 24 hours.

THE
B E A U T Y
R O O M
— @ —
a s p a r a

01395 572928

www.beautyroomsidmouth.co.uk
info@beautyroomsidmouth.co.uk

York Street, Sidmouth, Devon, EX10 8AZ

THE
B E A U T Y
R O O M
— @ —
a s p a r a

01395 572928

www.beautyroomsidmouth.co.uk
info@beautyroomsidmouth.co.uk

York Street, Sidmouth, Devon, EX10 8AZ

With treatments being at the very heart of the brand, Guinot prides itself on remaining at the forefront of both machine-based and manual treatments. Over 40 years ago, Guinot introduces to the world the first machine-based facial which used galvanic and high-frequency technology, known today as the award-winning Hydradermiea.



Guinot has since led the way in treatment innovations and due to its pharmaceutical heritage is continually adapting and developing their product and treatment formulas to ensure they provide only the best results. With outstanding clinical trial results, clients will see a difference in their skin.

Manual Facial Treatments

Age Summum *The Ultimate Anti-Ageing Treatment*

The pinnacle of anti-ageing treatments, Age Summum, uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing. Active ingredients are penetrated into the skin using the exclusive Age Summum anti-ageing Facial massage. Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.

50 minutes - £75.00

Liftosome Facial *The Firming, Lifting Treatment*

The treatment focuses on restoring firmness and youth to skin which is showing signs and fatigue. The modelling and gentle heating effects from the ThermoLift Mask penetrate the active ingredients into the skin leaving the face firm and the skin smooth

50 minutes - £50.00

Hydra Peeling *The Radiance Treatment*

The Hydra Peeling treatment is a skin rejuvenating treatment with two peeling options that are adjusted and prescribed based on the client's beauty goals and level of skin sensitivity. This revolutionary, skin renewal treatment even enables clients with sensitive skin to enjoy the benefits of an enhanced cellular regeneration peel. Hydra Peeling is a unique alternative to aesthetic medicine that erases visible signs of ageing, brightens skin tone and diminishes dark spots.

45 minutes - £75.00

Aromatic *The Relaxation Treatment*

Powered by essential oils, the luxurious, holistic treatment uses carefully selected plant concentrates to bring natural beauty to your skin. The bespoke treatment method combines the benefits of essential oils with unique massaging techniques to fill your skin with energy. Concluding with an Aromatic mask, your skin will restore its natural radiance.

45 minutes - £50.00

Machine Based Treatments

Hydradermie2 *The Star Treatment*

Discover visible results from your very first treatment with Guinot's exclusive Hydradermie2 Facial. Adapted to your skin type and concerns, this unique innovation enables fast and deep penetration using double ionisation technology combined with active ingredients, resulting in exceptional effectiveness

1 hour - £60.00

Hydradermie2 Age Logic *The Anti-Ageing Star Treatment*

Clinically proven to improve wrinkle depth by up to 49.5%*, this specially designed anti-ageing Hydradermie2 facial focuses on the eyes, face and neck to target signs of ageing.

1 hour 15 minutes - £75.00

Hydradermie Lift *The Instant Lifting Treatment*

Hydradermie Lift brings revolutionary youthfulness and renewed tone by stimulating the muscles and providing a massage that lifts the facial features. In the same way that body muscles are "sculpted" at a gym, this treatment adds a spectacular "lift effect: to your face after just a few sessions

55 minutes - £60.00

Hydradermie Lift Express *The Express Treatment*

For those who are in a hurry and need quick results, this treatment includes cleansing, exfoliation and muscle stimulation restoring a youthful tone to the complexion

30 minutes - £45.00

Hydradermie2 Lift Deluxe *The Ultimate Lifting Treatment*

A combination of the Hydradermie2 Age Logic and the Hydradermie Lift will leave your skin looking fresh and radiant. Experience an immediate lifting treatment through the stimulation of the muscles, lifting the face, adding firmness and leaving an overall younger appearance to the face.

1 hour 30 minutes - £95.00

Hydraclean *The Deep Cleansing Facial*

Designed to deeply cleanse the face, this 30 minute treatment uses a unique combination of hands-on massage and the Thermoclean patented heated device to rid of the skin of its impurities, whilst also warming and relaxing the skin.

Following the deep cleanse, a choice of massage or mask is offered leaving the skin instantly brighter and clearer, with a radiant complexion.

30 minutes - £28.00

Eye Logic *The Instant Eye Repair Treatment*

This unique treatment targets signs of ageing and tiredness around the delicate eye area, including fine lines, wrinkles, puffiness and dark circles. Using an expert combination of machine technology, a specific hands-on massage and a specially designed eye mask soaked in a concentrated skin repair serum for maximum effectiveness, 87.5% of volunteers found their wrinkles and fine lines to be diminished and smoothed away*.

Caci Treatments

Caci is a completely safe and painless treatment which can be wonderfully relaxing. The treatment has twenty five years of medical research behind it. It works by re-educating, toning and firming the muscle, and also by working on softening fine lines and wrinkles.



Non Surgical Face Lift

First treatment is half price
Course of 10 treatments

1 Hour £50
£450

Jowl Lift

Improves the appearance of sagging jowls by using quad probes to target muscle laxity around the jawline

Add 15 minutes to Caci

£15

Hydro Mask

Containing intensive moisturising properties and powerful anti-oxidant ingredients to help smooth and soften the appearance of fine lines and wrinkles

Add 15 minutes to Caci

£15

Eye Revive

Soothes tired, puffy eyes. Combats dark circles, reduces fine lines and wrinkles

Add 25 minutes to Caci

£25

Holistic Body Treatments

Well-being and vitality for body and mind.

A range of relaxing treatments including plant and fruit extracts to calm and soothe.

Aromatic Body Contouring Treatment

The Filming Treatment

The body sculpting treatment uses an anti-cellulite sculpting massage with essential oils and a clay mask to leave the skin feeling firm and beautifully soft. The Clay and Green Tea Saunamasque, drains excess water from the body leaving the silhouette immediately refined with reduced signs of cellulite.

1 hour - £65.00

Aromatic Body Polish *The Exfoliating Treatment*

Achieve firm and silky-smooth skin with this complete body exfoliation which helps to eliminate dry, flaky skin, refining the skin's texture. The exfoliation is followed by a body moisturiser leaving the skin soothed and refreshed.

45 minute - £40.00

Aromatic Self Tanning *The Summer Glow Treatment*

This moisturising self-tanning treatment gives a long-lasting, evenly bronzed colour to the skin. A full body exfoliation perfectly prepares the skin for even, golden tan. This treatment is a quick and effective way to maintain a post-holiday glow!

45 minute - £40.00

Aromatic Body Softening *The Relaxation Treatment*

This moisturising self-tanning treatment gives a long-lasting, evenly bronzed colour to the skin. A full body exfoliation perfectly prepares the skin for even, golden tan. This treatment is a quick and effective way to maintain a post-holiday glow!

45 minute - £40.00

Aromatic Full Body Massage *The Relaxation Massage*

This relaxing and energising massage uses Essential Oils for a moment of pure bliss. The relaxing massage provides you with amazingly soft skin and a feeling of well-being and serenity.

1 hour - £55.00